

BASICS OF HER HAIR REPLACEMENT

By Her247Hair



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"HER HAIR REPLACEMENT THE CLOSEST THING TO YOUR REAL HAIR"



1. INTRO

Hi dear hair sister,

Hope this booklet finds you well.

Showing interest in this topic, allow me to assume you have some form of hair loss and are on the journey of finding your solution for it.

I was in the same situation 10 years ago when my hair loss started. It was hard to find information on all the possible solutions out there and even up to this day I see the lacking of true and life changing information.

For years I have been digging information from lots of specialised forums and people, implementing it into my hair loss journey and perfecting the knowledge.

After so many years, I want to share the option out there that changed my life and a life of many hair sisters. You will not hear a lot about it as a lot of us moved on with living life happily after implementing it which proves to be the true aim of any hair loss sufferer.

I wish to provide you guidance I wished I had when I first encountered hair loss. Know that there ARE solutions out there, you just need to be aware of them, try and decide what suits YOU best.

Hope by the end of this booklet you will be aware of one more hair loss solution available for you and learn about semi permanent hair replacement which is the closest thing to your real hair.

2. HER HAIR LOSS



In today's time, there is still no real cure for hair loss. If it were, most certainly you would see most influential and rich men walking with a full head of hair. But even money cannot buy back the hair that is lost.

Thankfully, there is a second best thing for hair loss - meet the world of hair systems.

It is a well known way of replacing your weak hair with a new set of mane.

Hair Loss - Something that was always the reality in men's world - as they were the ones associated with baldness - is sadly becoming more and more prevalent in women's world.

Hair loss in women is still not understood completely due to known and unknown conditions that could affect it. With men is almost always hereditary androgenic alopecia where, while with women it's more complex. Even doctors still cannot identify the reasoning behind it and therefore cannot treat it or fix it. Some treatments are still carried over from men's treatments and they can work to some degree, but it is still trial and error. And a lot of uncertainty, money, nerves and tears.

As the hair loss is exponentially becoming a reality for a lot of women and affecting their self esteem and quality of life - women are looking for solutions. And that is a positive thing. Taking matters into your own hands can give you that much needed feeling of control in the hair loss journey. Also, moving forward into direction of acceptance is a big relief and can bring peace back to your life.

3. HAIR LOSS SOLUTIONS



There are so many different hair loss solutions for women out there: hair fillers, toppers, integrations, extensions, wigs...

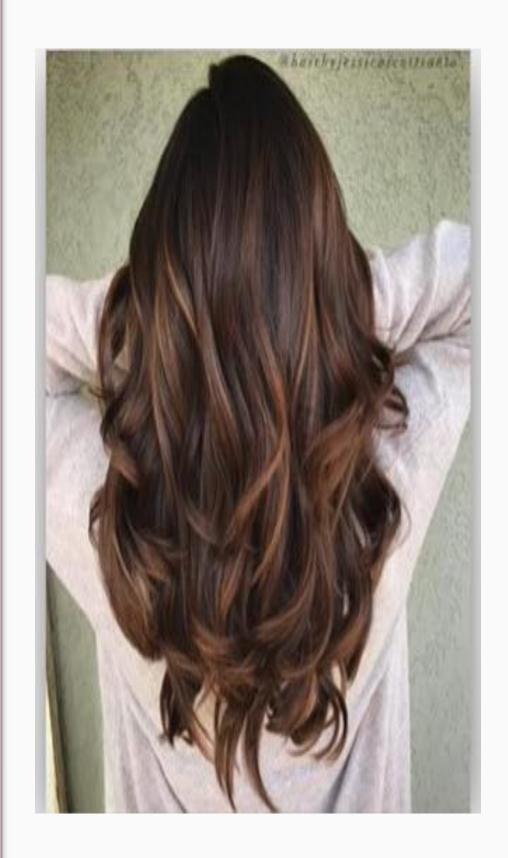
Every type of hair loss solution is better or more suitable than others, depending on women's unique situation.

It depends on several factors

- Stage of your hair loss Is it still un noticeable to others or is it getting hard to cover up?
- Reversibility is your hair loss just temporary or it goes on for years, becoming worse?
- Your lifestyle are you active and you need a more secure option on your hair or you can plop the hair and go?
- Your budget some options are more expensive than others, even though
 low, mid and high range could be found in some situations
- Your mental stage are you still testing the waters and like to go bit by bit or you like to dive deep to find the best solution for you?
- Your support system do you have someone to support you and be there for you? Someone you can share fears, doubts, excitements, highs and lows?



The purpose of this booklet is to get you more familiar with one of the closest solutions to your own hair today. I am talking about hair replacement.





4. WHAT IS HER HAIR REPLACEMENT?

You might have a picture in your mind of the old outdated toupees that were the beginnings of hair replacement for men, but the systems have gone the long way since then.

Hair systems have had their own revolution and for most cases today - you wouldn't even know you were looking at one in front of your eyes. This is how good they have become.

As a woman, you still might associate hair replacement with men, but you might be surprised how many women today are using this solution for their hair loss.

The reason why you don't hear much about it is because women are usually very sensitive to openly talk about their hair loss - as still to this day, it doesn't feel right for women to lose their crown. Even men are rarely openly talking about it so it is no surprise you might have not been aware of this solution for your hair loss.

Fine, so we found out hair replacement is a viable solution for women hair loss and can significantly improve the life quality of affected women.

But what is it exactly?

4. WHAT IS HER HAIR REPLACEMENT?

Her hair replacement is a semi permanent solution for hair loss, where you attach a custom hairpiece custom made to fit your measurements (usually a partial hair system), directly to your scalp with a tape or glue which provides you with a worry free 24/7 hair for up to week to several weeks.

It requires trimming down your bio hair in areas where you will attach the hair system down.

The maintenance consists of: removing the system from the scalp, removing the adhesive residue from both the base of the system and the scalp, washing both with shampoo. Then you proceed to a new application, by preparing the scalp and system for taping down.

Although at first glance seems an incredibly laborious thing, full maintenance, after getting used to it - should not last more than 2 hours.

This type of hair replacement is one of the most natural and undetectable methods of human hair replacement and offers the most flexibility for active lifestyles. They sit flush to the scalp and are virtually undetectable to sight and touch.

It is a great solution for advanced hair loss which does not seem to recover, when you tried everything and are sick of wishing for your hair to come back. It is for those who accepted their hair loss as just want to have nice hair, once again, take control and move on with their life.

Let's see the main characteristics...









DIFFERENT FROM WIGS

Hair Replacement systems are NOT wigs.
Their only similarity is that they conceal
hair loss. Hair systems are ENTIRELY
CUSTOM made to fit your head, like a
glove, with human hair, which is
hand-woven onto a micro-thin base
material of choice: lace, skin or
monofilament. The seamless base
materials are fully breathable and are
bonded to your scalp using suitable
adhesive, not clips, tabs or beads.

Wigs on the other hand, are customised only by size and you put it OVER your existing hair. Usually are taken off daily.

They use adjustable straps and clips, and on some parts adhesives can be used.

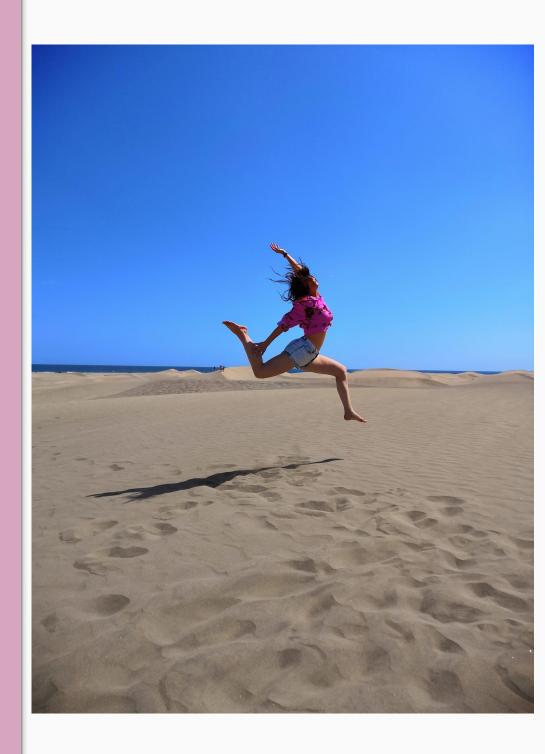
There are as well medical wigs but those are bit different from the most common



BREATHABLE

Wigs can be hot and itchy, hair systems most certainly are not. They're feather-light and once bonded correctly, you won't be able to feel a thing. Furthermore, they're breathable, especially lace hair systems.

As hair systems are constructed with delicate and breathable base materials, you can holiday ir the Sahara if you choose to.





Main difference and advantage for hair systems is they are on your head 24/7.

You sleep and wake up with it. Wash and style it while on your head.

It acts just like your bio hair until you take it of to re-apply (ranges from week up to a month).









FREEDOM

You can swim, run, ski, skydive and bungee jump. There are almost no limitations with wearing a hair system. A well-made, customised human-hair hair system will look and feel like your normal hair, and therefore, will not require any modifications to your lifestyle.

5. HOW WILL I KNOW IF I AM READY

FOR THIS SOLUTION?

Are you at the stage where your hair loss progresses, and you feel like bonded hair replacement could probably be your best long-term solution for having a nice head of hair? Hair that doesn't really limit your lifestyle, but are brand new to the idea of wearing hair and might be afraid to take the big leap into bonded hair?

This is a very common situation and the journey 100% depends on the person.



5. HOW WILL I KNOW IF I AM READY

FOR THIS SOLUTION?

Most women start with a topical masking lotion or a filler, then progress to a clip-on topper or integration unit, maybe even trying out the wigs, before finally committing to bonding. It's actually a very natural progression because it helps you to know that you've tried everything before bonding.

You also get a good understanding of the limitations of each type of hair replacement system so you can make an experiential decision to move forward if what you are doing is not working for you.

That progression also helps you to emotionally accept the idea of shaving/trimming and bonding more easily because this happens: typically you're so uncomfortable with what you've been doing that you're ready to take that step of shaving some hair to make way for the head of hair you want.

That being said, some people jump right into bonding from pretty much nothing after having decided from their research that they didn't want to deal with discomfort or limitations of clip-ons or integration units.

Also, emotionally speaking - those with very thin hair typically adapt more quickly than those who start out with more hair. The reason is - there's less reason to wonder if you shaved your hair too soon.



6. WHERE DO I START?

SALONS

One of the most known ways to hair replacement solutions are salons. You maybe first heard about it through advertising but it was mainly aimed to men.

Or you came across the salons offering this type of solution for women but it seemed too expensive or too demanding to be tied to monthly visits.

Sometimes salons are a good starting point if you have one nearby, as having somebody do it for you in the beginning is a relief.

But often times it comes with overpriced hair systems and service.

Hair replacement shouldn't be complicated, stressful or painful. Neither should anyone be paying over the odds for a new hair system. Charging \$1000 and more for a hairpiece/hair system is scandalous and exploitative. Some companies need to keep you in the dark to justify the high price tag.



6. WHERE DO I START?

YOU CAN DO IT YOURSELF

What if I told you something hair salons don't want you to know?
What if I told you that **you could do this all by yourself**, cutting the expenses 10 fold and being in charge of your time?

I know what I am telling you as I have been doing it all by myself for the last 7 years. And a lot of men and women do it themselves all over the globe.

Once you decide to implement this solution, it will become your lifestyle. And with this new lifestyle, you don't want to be tied to a salon or going into debts just trying to continue your life with this hair loss.

You want a sustainable, long term solution for this type of hair replacement. And this can be done if you get the guidance, knowledge and support from people that went through it and are still doing it.



It would be only appropriate to share more about my journey to get you closer to understanding the real person journey behind this booklet.

I am wearing hair for 7 years now, after I willingly decided to **stop being depressed** about my hair loss and **do something about it**.

For five years I have *tried almost everything* under the sun-Minoxidil, Toppik, different natural hair growth treatments, pills, vitamins... Spent most of my savings as a student on products and doctors, listened about numerous different diagnoses and speculations. All of which did nothing to come to solution how to stop the hair loss or tell me what is wrong in the first place. Doctors, family and friends all said this is in my head and it will get better. Right...



My before photo, one of the few I have as I avoided taking photos at that time

Hair loss just kept getting worse and worse while I started panicking more and more as how to hide it.

And I hid it well. Spending an hour after each showering, putting Minoxidil and painting my thinning scalp with DermMatch.. Still, hair continued to become thinner and thinner.

In the final year, I haven't worn the hair down at all, because it just felt like an old lady hair, it didn't behave like healthy hair and I just hated it. This wasn't me and it occupied my whole world.

I started feeling depressed as nobody seemed to understand the fact that I WILL indeed lose hair. I even stopped talking about it to anybody as they would perceive it as being vain as superficial as they could not see what I see.



Fortunately at the time, I have found my tribe at a few hair loss sites, where I connected to women like myself. Women who have shared their similar stories. This opened my eyes to the scary truth that there is a huge amount of women losing their hair.

Severe hair loss DOES happen to women which confirmed my fears, but also made me more and more comfortable seeing how they cope and the solutions that exist. So at that point I have started focusing more on the solution and have learned a lot during these years before diving into hair replacement.

I had one major precondition in choosing my solution - it had to be able to support my **active lifestyle**. This is what hair loss robbed me of - I stopped doing sports and would just lay and sleep as much as I could to forget and escape the reality. Always being known as optimistic and cheerful person, I was becoming depressed without sport.

So I figured my most suitable solution would be the hair replacement - giving me that freedom to be active and not to think about hair for days.

This was my only way out if I wanted to continue living my life being only 25 at the time and not accepting to spend my years being depressed.





My first hair system



"When your will becomes greater than your pain - you decide to act on it."

I have managed to research online about the toppers and bonding, contacted several vendors, calculated costs in the long term...I had to. Being a student in a country where hair replacement was almost never heard of (Central Eastern Europe) and the living standard is not as high as in the other countries. If I were to do this - it had to be financially possible in the long term.

After a year I was ready for my first order. Made a custom head template, sent it to chosen vendor and ordered my first hair piece. Bought all the supplies I needed - some online and some locally - and prepared myself with a shot of strong alcohol:)

On my first day of bonding, I had a very close friend by my side who knew what I was going through. She was my support to go through this. My hair piece was beautiful but I felt so scared.

Still, seeing my hair and seeing that hairpiece that is soon to replace that wispy thin hair just made me positively nervous and excited.

We took our time, following my written script word by word, step by step.

Trimming the hair was the hardest part but I decided firmly and just hated my hair so much and said: "Goodbye bio hair, if you don't want to serve me, there is another one willing to. I am taking the steering wheel in my own hands and nobody will control my life but myself!"

Just that act alone was such a burden coming off my chest and made me a stronger woman I am today.



After that, there was no day I regretted going this route. I play with my hair and enjoy my life again!

I grew stronger in many other fields of life after this decision and suggest every woman out there suffering, to take her life in control - because you can!

If I did - you can, too. I managed to do it low cost in the long term because I had no choice. And seems I ended up doing a great job with it because even my parents don't know for years I am wearing a hair replacement!

I always kept it sort of a secret just as a test to see if it looks natural. And never wanted to be looked at with pity or any other way than I feel to this day - back to new normal.



FINAL WORDS



Hope I was able to present you with a hair loss solution out there that you might have never been aware of.

Maybe you will skip it all together or maybe you will now have it in your mind as an option down the road.

Maybe it is not the right time **NOW**, but at least you will know it exists. And even if there is a slightest chance this was helpful in your hair loss journey, my mission is complete.

On the other hand,

if you connected to my journey and feel this is something that would suit you and your lifestyle, connect with me so I can help you learn more about it.

If you want to dig deeper into the Hair Replacement knowledge, I have poured my 10 years' worth of knowledge and experience with wearing hair into the eBook **THE TAPE TUTORIAL**.

It is a creation of love and care as I wanted to simplify this mistified method called Bonding Hair to ladies just like you. It is something what I wished I had as a guide when starting out this journey as it will save you a lot of stress and anxiety.

Here is the link to the eBook https://www.her247hair.com/shop

If you want to make sure not to miss any updates, make sure to subscribe to the page www.her247hair or join us in the FB group Bonding sisters.

Let me help you in your hair journey as *nobody should go through this alone*.



Remember - even if we lose our own hair - we can still find solution and peace with it.

Thank you for investing your time into reading this.

You are welcome to reach me with any questions to:

Her247Hair her247hair@gmail.com

or join our FB group BONDING SISTERS

www.facebook.com/groups/hair bondingsisters/